



**IMPORTANT – Please read carefully and keep this package insert for future reference.**

*Multi-Purpose Solution*

### **COMPLETE® Multi-Purpose Solution**

Cleans, Rinses, Disinfects, Removes Protein and Stores soft (hydrophilic) contact lenses. All Steps In One Bottle.

#### **LENS CARE DIRECTIONS**

##### **RINSE for lens-wearing comfort**

When you insert your lenses

1. Wash your hands with soap and water and dry with a lint-free towel prior to handling your lenses.
2. Prior to reapplying lenses, RINSE each side of the lens for 5 seconds with fresh COMPLETE® Multi-Purpose Solution to remove any debris on the lens.

##### **RUB, RINSE & SOAK for effective disinfection**

When you remove your lenses

1. Wash your hands with soap and water and dry with a lint-free towel prior to handling your lenses.
2. Place 3 or more drops of COMPLETE® Multi-Purpose Solution on one side of the lens surface.
3. RUB your lens gently from the center to the edges for at least 10 seconds (Never rub in a circular motion, because it may tear the lens and not clean the outer edge surface).
4. After rubbing for at least 10 seconds, turn the lens over and repeat step 3.
5. RINSE each side of the lens for 5 seconds with fresh COMPLETE® Multi-Purpose Solution. Place lenses in a clean COMPLETE® lens case and fill with COMPLETE® Multi-Purpose Solution. Close COMPLETE® lens case tightly.
6. SOAK - Allow lenses to soak for a minimum of six (6) hours for disinfection, cleaning and protein removal.

#### **EXTRA CLEANING AND COMFORT**

Based on your unique tear chemistry and lens replacement schedule, your doctor may recommend additional care procedures. This may be particularly important if lenses are kept longer than 90 days. Always rinse your lens case with COMPLETE® Multi-Purpose Solution and allow to dry.

#### **LENS STORAGE**

You may leave your lenses in an unopened COMPLETE® lens case containing COMPLETE® Multi-Purpose Solution for up to 30 days. Your lenses must be cleaned and disinfected with fresh solution every 30 days and prior to lens wear. Never reuse solution.

#### **PROTEIN REMOVAL FROM YOUR CONTACT LENSES**

COMPLETE® Multi-Purpose Solution removes protein while your lenses are soaking in the COMPLETE® lens case. Daily use of COMPLETE® Multi-Purpose Solution eliminates the need for a separate enzymatic cleaner for many lens wearers - consult your eye care professional.

#### **DESCRIPTION**

COMPLETE® Multi-Purpose Solution is a sterile, isotonic, buffered solution, preserved with polyhexamethylene biguanide (0.0001%), a phosphate buffer, Poloxamer 237, edetate disodium, sodium chloride, potassium chloride, and purified water. COMPLETE® Multi-Purpose Solution contains no chlorhexidine or thimerosal.

#### **ACTIONS**

COMPLETE® Multi-Purpose Solution has been formulated for multi-purpose use with soft (hydrophilic) contact lenses. This solution cleans, loosens and removes accumulations of film, protein, other deposits and debris from soft (hydrophilic) contact lenses. It destroys harmful microorganisms on the surface of the lenses, and also rinses and stores the lenses.

#### **INDICATIONS (Uses)**

COMPLETE® Multi-Purpose Solution is indicated for the care of soft (hydrophilic) contact lenses. Use this product, as recommended by your eye care professional, to:

- Chemically (NOT HEAT) Disinfect
- Clean
- Rinse
- Store
- Remove Protein

#### **CONTRAINDICATIONS (Reasons not to use)**

Do not use if you are allergic to any ingredient in this product.

#### **WARNINGS**

**PROBLEMS WITH CONTACT LENSES AND LENS CARE PRODUCTS COULD RESULT IN SERIOUS INJURY TO THE EYE.**

It is essential that you follow your eye care professional's directions and all labeling instructions for proper use and care of your lenses and lens care products, including the lens case. You should follow the recommended lens rubbing and rinsing times to adequately disinfect lenses. Reduced rubbing or rinsing times may not adequately clean your lenses. **EYE PROBLEMS, INCLUDING CORNEAL ULCERS, CAN DEVELOP RAPIDLY AND LEAD TO LOSS OF VISION.**

You should fill your lens case with fresh solution every time you store your lenses and never "top off" or reuse solution. You should discard your solution immediately after your lenses have been removed from the lens case. You should not expose or store your lenses in or rinse your lens case with any water such as tap, bottled, distilled or with any non-sterile solution. Clean, rinse and dry your lens case each time you remove your lenses. In order to permit excess solution to drain, flip your lens case over and allow it to air dry. Replace your lens case every 1-3 months depending on your hygiene habits.

Daily wear lenses are not indicated for overnight wear and should not be worn while sleeping. Clinical studies have shown that the risk of serious adverse reactions is increased when these lenses are worn overnight.

Extended wear lenses should be regularly removed for cleaning and disinfection or for disposal and replacement on the schedule provided by your eye care professional. Clinical studies have shown that there is an increased incidence of serious adverse reactions in extended wear contact lens users as compared to daily wear contact lens users. Studies have also shown that the risk for serious adverse reactions increases the longer extended wear lenses are worn before removal for cleaning and disinfection or for disposal and replacement.

Studies have also shown that smokers had a higher incidence of adverse reactions.

It is recommended that contact lens wearers see their eye care professional once a year or, if directed, more frequently.

To avoid contamination, do not touch the tip of the COMPLETE® Multi-Purpose Solution bottle to any surface. Replace cap after using.

### **PRECAUTIONS**

- Avoid exposure to water when wearing and caring for your contact lenses.
- Discard any remaining solution in your lens case before re-disinfecting. Always use fresh solution.
- Rinse lens case and caps with fresh solution after each use; dry upside down on a clean towel. Do not use non-sterile water to rinse lens case.
- Always wash your hands and then dry with a clean, lint-free towel before handling lenses.
- Use the included lens case with COMPLETE® Multi-Purpose Solution.
- Replace your lens case every 1–3 months.
- Keep bottle tightly closed when not in use.
- Store at room temperature.
- Use before the expiration date marked on the bottle and carton. DISCARD SOLUTION 90 DAYS AFTER OPENING.
- Never use COMPLETE® Multi-Purpose Solution with a heat disinfection unit.
- Keep out of the reach of children.

### **ADVERSE REACTIONS (Problems and what to do)**

The following problems may occur: eyes sting, burn or itch (irritation); comfort is less than when lens was first placed on the eye; feeling of something in the eye (foreign body, scratched area); excessive watering (tearing) of the eye; unusual eye secretions; redness of the eye; reduced sharpness of vision (poor visual acuity); blurred vision; rainbows or halos around objects; sensitivity to light (photophobia); or dry eyes. If you notice any of the above; immediately remove your lenses.

- If the discomfort or problem stops, then look closely at the lens.
- If the lens is in any way damaged
  - DO NOT put the lens back in your eye.
  - Place the lens in the COMPLETE® lens case and contact your eye care professional.
- If the lens has dirt, an eyelash, or other foreign body on it, and the lens appears undamaged
  - Thoroughly clean, rinse and disinfect the lens, then reinsert it.
  - If the problem continues, IMMEDIATELY consult your eye care professional.

If any of the above symptoms occur, a serious condition such as infection, corneal ulcer, neovascularization or iritis may be present. Seek immediate professional identification of the problem and prompt treatment to avoid serious eye damage.

### **GOOD LENS CARE PRACTICES**

Don't Forget the Following Guidelines on How Best to Take Care of Your Lenses:

- Follow your eye care professional's instructions.
- Always wash your hands before handling your lenses.
- Rub, rinse, and disinfect your lenses each time you remove them.
- Always handle the same lens, the right or the left, first in order to avoid mix-ups.
- Do not expose lenses or lens case to tap water, bottled water, distilled water, lake water, or ocean water.
- Do not use saliva or put lenses in your mouth to rewet.
- Do not swim, shower, or use a hot tub while wearing soft contact lenses.
- Do not wear lenses longer than prescribed.
- Do not transfer contact lens solution into smaller travel-size containers. The sterility of the solution will be impacted and can lead to serious eye infections.
- Discard any lens that is damaged or dehydrated.
- Avoid using aerosols when wearing contact lenses.
- Discard any remaining solution in your lens case before disinfecting your lenses again.
- See your eye care professional at least once a year.

### **HOW SUPPLIED**

COMPLETE® Multi-Purpose Solution is supplied sterile in 2 fl. oz. (59 mL), 4 fl. oz. (118 mL), 12 fl. oz. (355 mL) and 16 fl. oz. (473 mL) plastic bottles. The bottles are marked with lot number and expiration date.

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Product of China

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